



KARNATAKA REDDYJANA SANGHA®
RJS INSTITUTE OF MANAGEMENT STUDIES
Affiliated to Bengaluru City University, Approved by AICTE,
New Delhi
Recognised by Govt. of Karnataka



In association with

IQAC- INTERNAL QUALITY ASSURANCE CELL

Organises Guest Lecture

On

Brain fitness and mental wellness, screening effects on sleep



Resource Person

Dr. Shweta Kadaba (Ph D)

Psychology and Neuropsychology

Date: 22/11/2022

Time: 10:00 A.M.

Venue: Seminar Hall

All are cordially invited

By
Principal, Staff and Students
RJSIMS